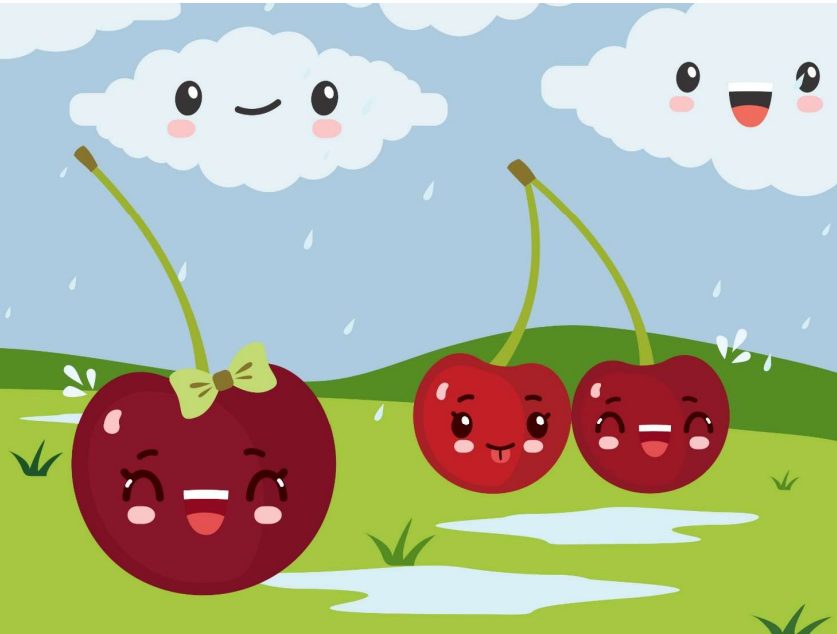




APRIL 2024 Breakfast Menu



ACE'S CORNER



Milk: 1% White & Fat Free Chocolate Milk are offered daily at breakfast!

WG = Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School	2 Cinnamon Crisps w/ String Cheese	3 Strawberry Nutrigrain Bar w/ String Cheese	4 French Toast Sticks	5 No 4K
8 Chocolate Chip Oat Bar w/ String Cheese	9 Sausage Breakfast Pizza	10 Egg & Cheese English Muffin	11 Frosted Corn Flakes Cereal	12 No 4K
15 Turkey Pancake Wrap	16 Bug Bites w/ String Cheese	17 Giant Oat & Honey Goldfish Grahams	18 Apple Cinnamon Breakfast Round	19 No 4K
22 Chocolate Chip Oat Bar w/ String Cheese	23 Honey Nut Cheerios	24 Bagel w/ Peanut Butter	25 Blueberry Muffin	26 No 4K
29 Cheese Bosco Sticks	30 Yogurt & Bug Bites	1 Sausage & Cheese Bagel	2 Cinnamon Chex Cereal	3 No 4K

PIE IN THE SKY

Cherries are known as drupes or stone fruits, like nectarines and peaches, and are high in antioxidants. There are more than 500 varieties of sweet cherries (*Prunus Avium*), and almost as many tart ones (*Prunus Cerasus*); though only a small percentage—around 20 or so altogether—are sold commercially. A typical cherry tree produces 7,000 cherries, that can be harvested in seven seconds using a mechanical tree shaker. The state of Washington grows an estimated 62 percent of the United States' sweet cherries, which are great summer snacks. Michigan, meanwhile, grows well over half of the country's tart cherries, which are mostly used for cooking.

DID YOU KNOW?

FOLLOW THE CHERRY TREE ROAD

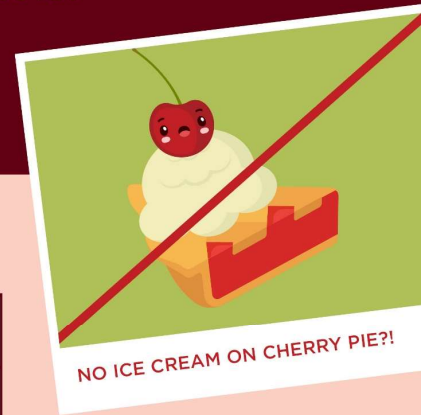
Cherries were part of the Roman soldiers' rations, and as they traveled, the pits they discarded became the trees that bloomed throughout the empire. There was a saying that to find the old Roman roads, all one had to do was follow the wild cherry trees



ACE'S JOKE OF THE MONTH

WHY ARE CHOCOLATE-COVERED CHERRIES THE PERFECT DINNER PARTY HOSTS?

SEE ANSWER BELOW



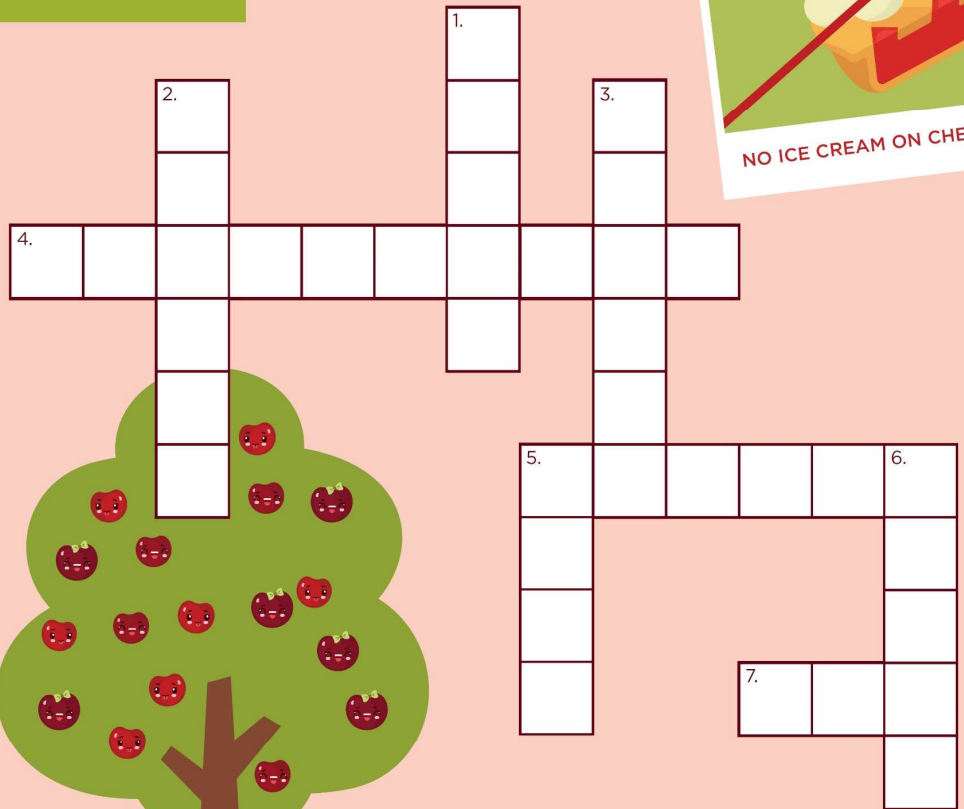
ACTIVITY: CROSSWORD PUZZLE

ACROSS

- Door County, Wisconsin's nickname, earned by its production of 95% of the nation's tart cherries
- State that once prohibited ice cream be served on cherry pie
- Cherries, apples, and blueberries make great filling for this dessert

DOWN

- Fruit often bobbed for in the fall and rumored to help keep the doctor away
- Type of tree George Washington was rumored to have chopped down in his youth
- A monkey's favorite fruit
- Tropical fruit that shares its name with a flightless bird—this fruit is green on the inside, with a brown and fuzzy outside
- The number of seconds it takes to harvest a cherry tree using special machinery



This institution is an equal opportunity provider.

JOKE ANSWER: They are extremely cordial.
 ACTIVITY ANSWER: ACROSS: 4. Cherryland; 5. Kansas; 7. Pie; DOWN: 1. Apple; 2. Cherry; 3. Banana; 5. Kiwi; 6. Seven